



HOMEOWNER'S GUIDE: HOW TO KNOW IF YOUR ATTIC IS PROPERLY INSULATED

Your attic plays a big role in keeping your home comfortable and energy-efficient. Proper insulation helps maintain even temperatures throughout your house, reduces heating and cooling costs, and prevents issues like moisture buildup or ice dams.

Use this guide to learn how to check whether your attic insulation is doing its job — and what to look for if it's not.



CALL OR EMAIL US TO
SET UP YOUR **FREE**
ATTIC INSPECTION

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1. Measure the Depth of Your Insulation

Start by checking how thick your insulation layer is.

Step 1: Grab a ruler or tape measure and measure the insulation depth in a few areas.

Step 2: Compare your measurement to the recommended R-values below:

Cold climates: R-49 to R-60

Moderate climates: R-38 to R-49

Warm climates: R-30 to R-38

If you can see the attic floor joists, your insulation is likely too thin.



2. Check for Even Coverage

Insulation should be evenly spread across the entire attic floor.

Look for:

- Bare or thin spots
- Gaps between batts
- Areas that look compressed or flattened

Uneven insulation creates cold or hot zones and reduces efficiency. If you notice inconsistencies, fluff up or replace damaged sections.

3. Identify Air Leaks and Drafts

Air leaks can undermine even the best insulation.

Inspect these common problem areas:

- Around attic hatches or doors
- Chimneys, vents, and ductwork
- Recessed lighting or wiring holes

Seal leaks with **caulk, spray foam, or weatherstripping** before adding new insulation.

4. Pay Attention to Temperature Differences

Uneven temperatures in your home can signal attic insulation issues.

- Is your top floor always hotter in summer or colder in winter?
- Do certain rooms never feel comfortable?

If so, your insulation might not be doing its job. A **thermal camera or infrared thermometer** can help spot hot or cold patches along the ceiling.

5. Watch for Ice Dams in Winter

In colder climates, **ice dams** form when warm air from your attic melts snow on your roof. The water refreezes near the edges, causing icicles and potential leaks.

If you notice this, it's a clear sign that heat is escaping through your attic insulation.

6. Look for Moisture or Mold

Moisture problems in the attic are often tied to poor insulation or ventilation.

Check for:

- Damp or compacted insulation
- Frost buildup
- Mold on rafters or sheathing

Make sure your attic has **good airflow** — soffit and ridge vents help moisture escape and keep insulation dry.



7. Monitor Your Energy Bills

A sudden or steady increase in heating and cooling costs could mean your home is losing energy through the attic. Compare your current bills to past months or years to spot trends.



The Payoff: Comfort and Savings

Proper attic insulation can lower energy bills by up to 15%, improve comfort, and prevent costly roof or moisture problems down the road.

Remember: A little time spent checking your attic now can lead to a more efficient, comfortable, and healthy home all year long.

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